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## INFORMATION FOLLOWING ENDODONTIC (ROOT CANAL) TREATMENT

.Endodontic treatment can take 1, 2, or 3 appointments depending on each case. It is possible to experience any of the following symptoms after any one of these appointments: sensitivity to hot and /or cold, sensitivity to pressure, possible swelling, achy or throbbing.

.It is difficult to predict which symptoms, if any, you may experience and to what extent. You may have discomfort following treatment depending on how fast your body heals and the amount of infection/inflammation that was present in and around the tooth prior to treatment. The canals have been sealed and your body must now have time to repair the damage that the original irritant produced.

.Be gentle on the tooth while eating until the final restoration is placed. The tooth may be tender to pressure or biting for approximately 1 to 2 weeks. If this occurs, do not chew on the tooth until all tenderness is gone. This should gradually resolve until no discomfort is felt as healing and repair occur in the area. Clenching, grinding, and biting on a temporary filling can lengthen the healing process by continually aggravating the tooth. Complete healing, in some cases, may take several months. Each case is different, even on the same patient.

.During endodontic treatment the nerve, blood, and nutrient supply to the tooth is removed. This will cause the tooth to become brittle and prone to fracturing which can result in the need to extract the tooth. It is imperative that a permanent restoration or crown be placed on your tooth. We recommend waiting at least 1-2 weeks; but no longer than 4 weeks for the permanent restoration.

.If significant swelling develops, call our office.



“Grin & Bear Em”